

PERSONAL READINESS CHECK

Rate your current personal level of performance readiness (0 – 100%).

VOCAL

Notes: 100% accurate, in tune, instant accuracy, unit with section, could sing confidently in a quartet

Words: 100% accurate, able to sing with no assistance

Vowels: Open, resonant, immediately to target vowel, matching others in placement/resonance

Diphthongs: Energized, aware of all diphthongs, emphasis, turned together as a unit

Consonants: Singable consonants (m, n, l, ng) energized, hard consonants (t, b, k, p) sung softly

Tempo: Maintained throughout song, can sing in tempo without direction

Breath: Good breath support, phrase endings lifting, quick breaths between phrases

Rate yourself **0-100%**

Song	Notes	Words	Vowels	Diphthongs	Consonants	Tempo	Breath
Joint is Jumpin'							
How Deep is the Ocean							
Long Ago & Far Away							
Girls Just Wanna Have Fun							
If You Love Me, Really...							
I Will Survive							
And So it Goes							
The Parting Glass							
Fun in Just One Lifetime							
Who Will Buy							
Let Freedom Ring							

VISUAL

Facial Expression: Appropriate to lyrics, changing often, animated, bigger than life, fearless, EYES involved!

Body Language: Body moving appropriate to song, tempo, emotions

Choreography: Memorized, free, in sync with everyone, anticipatory, character-driven

Hands: Natural and meaningful movements and gestures

Rhythm: Constant rhythmic movement (even if slight)

Rate yourself **0-100%**

Song	Face Expressive	Body Language	Planned Choreog	Hand Positions	Rhythm Body/Vocal
Joint is Jumpin'					
How Deep is the Ocean					
Long Ago & Far Away					
Girls Just Wanna Have Fun					
If You Love Me, Really...					
I Will Survive					
The Parting Glass					
And So it Goes					
Fun in Just One Lifetime					
Who Will Buy					
Let Freedom Ring					

When done, put this in your music folder and do it again next month.